

PENMERE CIRCULAR



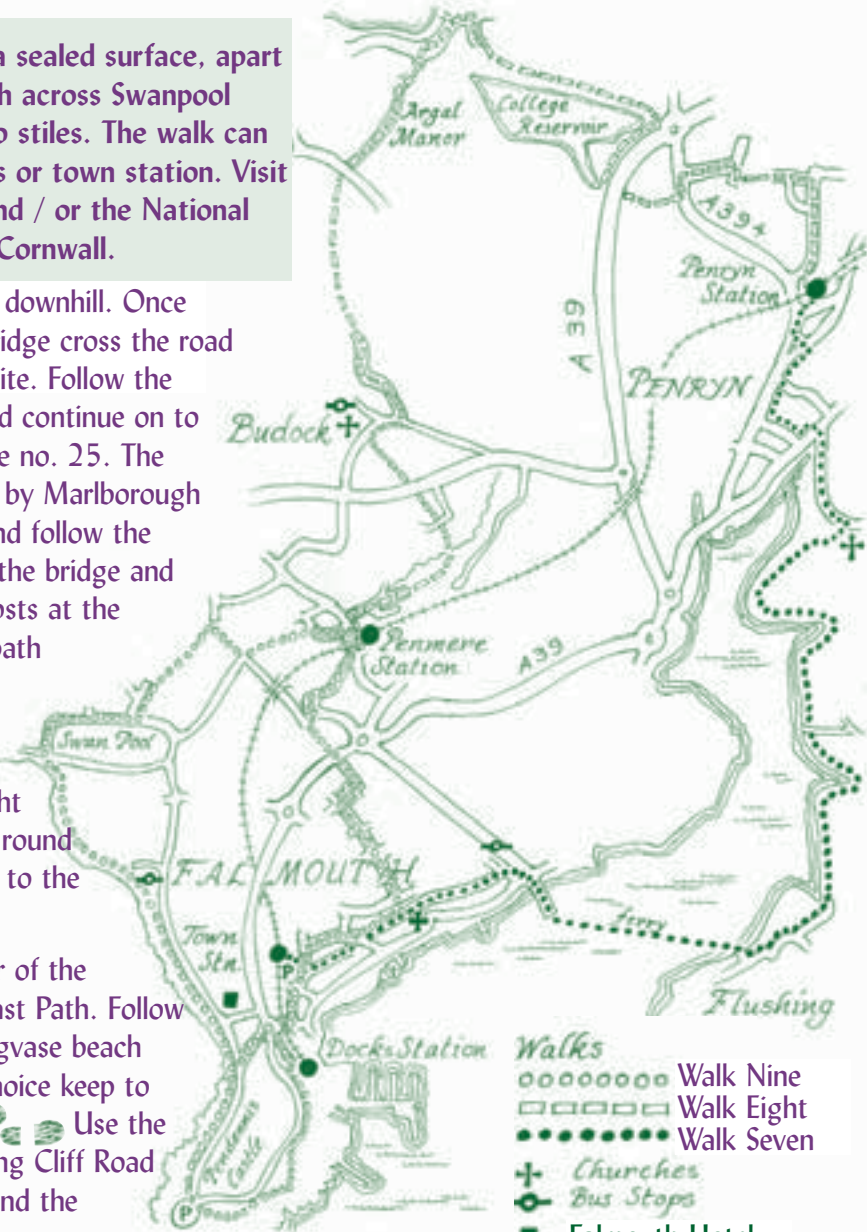
Walk Nine: Distance: Approximately 5 miles

Walk Nine - Penmere Circular

This walk is all on a sealed surface, apart from a short stretch across Swanpool beach. There are no stiles. The walk can be left at the docks or town station. Visit Pendennis Castle and / or the National Maritime Museum Cornwall.

From the station go downhill. Once under the railway bridge cross the road into East Rise opposite. Follow the road to the bend and continue on to a narrow path beside no. 25. The path reaches a road by Marlborough House. Turn right and follow the path downhill, over the bridge and then left between posts at the "crossroads". This path will take you to the road by Swanpool after walking beside the stream. Turn right and follow the road round the back of the lake to the coast road.

Cross the left corner of the beach up to the Coast Path. Follow this along to Gyllyngvase beach - where there is a choice keep to the lower path. Use the broad pavement along Cliff Road to the junction beyond the Falmouth Hotel.



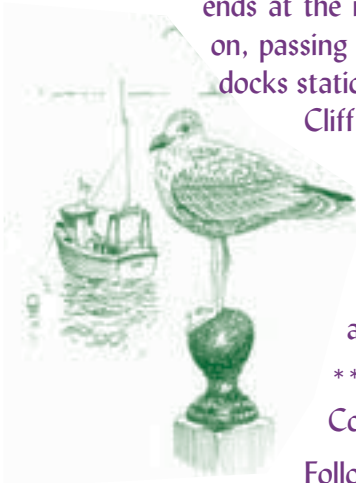
- Walks**
- Walk Nine
 - Walk Eight
 - Walk Seven
- ✚ Churches
⊙ Bus Stops
■ Falmouth Hotel

PENMERE CIRCULAR



Walk Nine: Distance: Approximately 5 miles

Continue on to Pendennis Head and its parking area. Go down the steps ahead and turn left onto the path below - this can be muddy at times but the views are worth it (to avoid muddy shoes continue along the pavement). Follow the path overlooking the river. At Middle Point regain the road briefly before continuing on to the lower path which ends at the road just after the entrance to the Ships and Castles. Continue on, passing the docks below you, and on into Pendennis Rise (to access the docks station go down steps beside no.25). Continue on to turn right down Cliff Hill. Rejoin description at **.



To use the shorter route – Turn left after the Falmouth Hotel and follow the road up, round and down to the first turning on the right - Pendennis Rise. To access the station follow this road to the steps beside No.25, otherwise continue on down the hill and under the railway bridge.

** Go under the railway bridge and cross the road at No.3 Railway Cottages into Bar Lane.

Follow this quiet road parallel to the railway and on to cross Avenue Road via Arwyn Place. To visit the National Maritime Museum turn right here. Having crossed Avenue Road go along the tree lined path of Arwennick Avenue (take the first road on the left and go through the car park for the town station). Over the next junction go along Gyllyng Street. Now look for the parish church, down to your right. Here you will see steps opposite the church - yes, it is a footpath - up to Clare Terrace. Go up the steps and path to join the road opposite No.25. Turn right then go up the first road on your left passing a shop on your left. Follow Marlborough Road to the mini roundabout where you turn right into Albany Road. Follow this road, past the shop on your left to turn left into Albany Place opposite Lister Street. Go along Albany Place to the main road. Use the crossing to your right to cross the busy road, then turn left to back the pedestrian access path into Marlborough Avenue.

After the second property on the right, turn right onto a narrow path, over the road and on. The path becomes the pavement at Theydon Road. Continue on, passing Margaret Place on the left, and down to cross Penmere Hill by the Station.

